

# VINEY HILL BROOK PARK



enjoyment and exploration.

Viney Hill Brook Park, located off Cedar Grove Terrace in Essex, was purchased by the Town in 2001 for the purpose of active and passive recreation. The park totals 104 acres, 30 of which are devoted to active recreation. The remaining 74 acres are for quiet

## ACTIVE RECREATION

The active recreation area of the park, managed by the Essex Parks & Recreation Commission, consists of picnic tables and a paw park for the off-leash recreation of our canine friends. Please observe and follow the posted guidelines.

## PASSIVE RECREATION

The passive recreation area of the park, managed by the Essex Conservation Commission, is open to the public for walking and hiking. The area is a place where people can enjoy native plants and animals without altering or disturbing their habitat. It is basically a wilderness – a natural patch of earth that will, with your help, remain alive and intact.

## GENERAL CHARACTERISTICS

Viney Hill Brook Park is bottom land, sandy and rocky, atop the Mud River aquifer. The water in the streams and ponds is crystal clear. There is great conservation value in protecting this area because the surface water percolates down and recharges the aquifer. The preserve was mostly wooded prior to 1950 and may have been cleared for agricultural purposes from time to time. For many years the property was quarried for sand and gravel. Today the property can be divided into three habitats: areas of young vegetation, the upland woods and the wetlands.

## PLANTS AND ANIMALS

Recent studies have identified 22 tree, 25 shrub and 25 wildflower species due to the variety of soil and moisture conditions in the preserve. Generally, the woodlands range in age from 80–100 years. A two-acre stand of red oak is close to 100 years. Other common tree species include black and white oak, red cedar, black birch and red maple. Commonly found

mammals include beaver, white-tail deer, gray fox, raccoon, opossum, gray squirrel, chipmunk, white footed mice, deer mice, otters and several species of turtles. Common birds include woodpeckers, cardinals, mourning doves, jays, grouse, chickadees, tufted titmice, kingfishers, ducks, and other waterfowl. Springtime brings in warblers, native sparrows, thrushes, vireos and flycatchers. Hawks, owls and eagles are found occasionally.

## WALKING TRAILS

There are seven color-coded trails in the passive recreation area passing through a variety of habitats that connect some of the most interesting parts of the preserve. These include: upland hardwoods, meadowlands, lowland woodlands, water courses, ponds and the former sand and gravel quarries.

## VISITING THE PARK

You are welcome to visit the park during daylight hours. The passive area is a nature preserve with posted guidelines to protect it. The trails are maintained for foot traffic only. Prohibited activities include fires, camping, smoking, collecting flora, hunting, trapping or firearm use. Motorized vehicles, bicycles, mopeds and horses are prohibited because of their impact on the trails. Dogs on leash or at heel are permitted. Your cooperation is appreciated and helps to maintain the natural character of the preserve.

## ENTRANCES

**Passive Recreation Entrance:** This entrance is located at the end of Cedar Grove Terrace. From Route 154 take Gates Road to Cedar Grove Terrace. Park in designated area at head of trail, not on Cedar Grove Terrace or on the unpaved right-of-way road.

**Active Recreation Entrance:** The entrance is located at the end of Hillside Drive. Directions: At end of Cedar Grove Terrace (see above), turn right onto Hillside Drive and proceed through the park gates to end. Passive area trails can be accessed from the active area via the path around Wollock's Pond.

## SUGGESTIONS AND CAUTIONS

The trails are well identified throughout the park, but from time to time may become obscured by foliage. Some trails are quite rugged and can present hazards. Plan ahead to avoid darkness and watch for slippery conditions in snowy, freezing and wet weather.

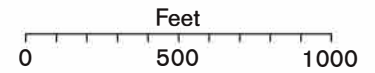
June, 2021



## Viney Hill Brook

Essex, CT – 104 acres

Conservation Area		Water	
Point of Interest		Wetland	
Parking Area		Trail	
Road		Kiosk	
Orange - Broad Walk			
Red - Turtle Trail			
Blue - Quarry Pond Trail			
Green - Wollock's Pond Loop			
White - Upland Woods Trail			
Purple - Forest Glade Trail			



January 2019

Map: Mirtto Art Studio - mirttoart.com Source: Essex Land Trust

Viney Hill Brook is a Town of Essex Property managed by the Essex Conservation Commission and the Essex Parks & Recreation Commission.

Essex Town Hall - [www.essexct.gov](http://www.essexct.gov)  
29 West Avenue Essex, CT 06426

### Welcome to Viney Hill Brook

- Open sunrise to sunset
- Please respect the privacy of our neighbors
- Stay on marked trails to avoid damage to soil and habitats
- Do not remove or destroy plants, trees

- Dogs are welcome but must be on leash.  
Clean up after your dog
- Leave no trace – please carry out what you carry in
- No fires, hunting, bicycles or motorized vehicles allowed
- This map is for general reference use only.