



FOR INFO ON COVID-19 CALL 2-1-1

[Town Website](#)

Dear Friends and Neighbors,

While the Town of Essex is prepared for COVID-19, we currently have no confirmed cases. Please continue doing what you've been doing; wash hands frequently, practice social distancing, stay home except for essential needs, and help your neighbors. Stay home if you are sick or if you think you've been exposed to the virus.

Public meetings that must be held can be attended by the public remotely via ZOOM. Go to [Essexct.gov](https://www.essexct.gov) and click on the agenda for the meeting you would like to attend for the information needed to log in remotely. Agendas can be accessed by clicking the large green button entitled "Minutes and Agendas" on the website home page.

The Essex Town Hall, although closed to the public, remains open Monday - Friday, 9-4. Please call 860-767-4340 x 145 for an appointment.

STAY HOME. STOP THE SPREAD. SAVE LIVES.

Updates:

- [Emergency Orders issued by the Governor and State Agencies](#)
- [Current DMV Information](#)
- [Click here](#) to donate vital Personal Protective Equipment (PPE) for healthcare workers and 1st responders.

Email scams concerning government payments to people unemployed due to the virus are out there. Ways to verify information: the Town's website, the 2-1-1 Info Line, the DEMHS web site, www.ct.gov/demhs, FEMA.gov, and

[ready.gov](#) to name a few.

Helpful Links

- [COVID-19 Information & Resources](#)
- [How To Protect Yourself](#)
- [How To Be Safe & Resilient](#)
- [How To Practice Safe Grocery Shopping](#)
- [Governor Lamont's FAQ's](#)
- [ct.gov/coronavirus](#)

Distance Learning

- [Region 4 Distance Learning Plan](#)

Church Schedules

- [The First Baptist Church](#)
- [The First Congregational Church](#)
- [St. John's Episcopal Church](#)
- [St. Theresa of Calcutta](#)

Restaurant Information

- [Supporttheshoreline.com](#)
- [GoogledocsTakeOut&DeliveryOptions](#)

Food Pantries

Shoreline Food Resources



Town Social Services Departments

Chester Food Pantry
Pre-bagged food available for residents
Chester Town Hall
Mon, Wed, Thur 9-noon
Call ahead: 860-526-0013 x 213

Deep River Food Pantry
Pre-bagged food available for residents
56 High Street
Tue 9- noon; Thur 1-4
Call ahead: 860-526-6033

Essex Social Services
Grocery Gift Cards available for residents
29 West Ave, Essex
By appointment only.
Call ahead: 860-767-4340 x 201



SSKP Food Pantries will remain open. Pre-bagged Food Available

St. Mark's Roman Catholic Church
222 McVeagh Road, Westbrook
Tuesdays 1:00 - 2:45 pm

First Church of Christ in Saybrook
366 Main Street, Old Saybrook
Tuesdays 3:00 - 5:00 pm

First Church of Christ, Congregational
55 Church Road, Clinton
Wednesdays 5:45 - 7:45 pm

St. John's Episcopal Church
400 Main Street, Niantic
Thursdays 5:00 - 6:00 pm

First Congregational Church of Old Lyme
2 Ferry Road, Old Lyme
Saturdays 9:00 - 11:00 am

Grab & Go Lunches at Local Schools Bagged Lunch & Breakfast for the Next Day

RSD 17 Haddam/Killingworth
Burr Elementary School
792 Killingworth Rd, Higganum
M-F 9:30 - 11:30

RSD 4 Chester/Deep River/Essex
Chester Elementary School
23 Ridge Rd, Chester
M-F 11:30-12:30

RSD 4 Chester/Deep River/Essex
Deep River Elementary School
12 River Street, Deep River
M-F 11:30-12:30

RSD 4 Chester/Deep River/Essex
Essex Elementary School
83-87 State Hwy 602, Centerbrook
M-F 11:30-12:30

Old Saybrook
Kathleen E. Goodwin Elementary School
80 Old Boston Post Rd, Old Saybrook
+
Old Saybrook High School
1111 Boston Post Rd, Old Saybrook
M-F 9:00 - 10:00

Starting: 3/20/20

Westbrook
Daisy Ingraham Elementary School
105 Goodspeed Dr, Westbrook
M-F 11:30 - 12:30

Starting: 3/23/20



Clinton
Abraham Pierson Elementary School
75 E Main St, Clinton
+
Morgan High School
1 Killingworth Turnpike, Clinton
M-F 11:00 - 12:30

Starting: 3/18/20

COVID-19 Symptom Tracking Sheet

Community transmission of Coronavirus is occurring, and people are becoming ill. Most people can manage their symptoms AT HOME with fever reducing medications, cough medicine, and lots of rest. Tracking your symptoms helps you gauge illness progression and resolution, potential severity, and also helps track illness among household members. Print the symptom tracking sheet for each member of your household and if needed, give your symptom tracking sheet to your physician or first responder. [Click here](#) for the Tracking Sheet.

Economic Relief for Businesses and Workers

Please see the following information regarding small business relief and SBA Working Capital Loans due to COVID-19. Please share with businesses, friends and employees that are effected by COVID-19: [SBA Disaster Assistance](#)

New Instructions have been issued for workers who have been laid off or furloughed: [Layoffs and Furloughs](#)

The deadline for filing state and federal personal income tax returns has been extended from April 15 to July 15, 2020. You can file anytime before July 15 - and are encouraged to do so if you are owed a refund. For more information, visit the state [Department of Revenue Services](#) and the [IRS](#).

Tri-Town Youth Services

For information and links to COVID-19 information, Food Pantry locations, counseling services, distance learning site for Region 4 Grades K-12 and more click on the link below.
<http://tritownys.org/>

Check out the latest [tri-town newsletter](#)

2020 Census

Your 2020 Census is now available online at my2020census.gov. Please note that you can complete the questionnaire with or without a code. Responding early will help ensure that no one will come knocking on your door in May.

Register for Essex News

Encourage your friends and neighbors to receive this newsletter. Simply send an email request to the First Selectman's office at essexnews@essexct.gov to be added to our distribution list.

Sign up for Safer Essex Emergency Alerts

Receive alerts about critical community information directly to your cell phone or email. Go to www.essexct.gov and search "Safer Essex " or call 860-760-4340 x112. The list gets updated periodically. **If you no longer have a landline then you need to update/register your cell phone.**

Town of Essex