



**TOWN OF ESSEX  
DECLARATION OF EMERGENCY**

[Town Website](#)

As you are aware, Connecticut Governor Ned Lamont has issued a Declaration of Public Health and Civil Preparedness Emergency due to the novel coronavirus (COVID-19) outbreak.

As a precautionary measure, the Town of Essex is following the State's lead and Declaring a Local Emergency. This declaration is primarily an administrative action which will allow us the ability to protect public health and safety and to access supplies and resources if we need them.

Please take these necessary steps to remain healthy:

1. Practice social distancing of at least 6 feet
2. cover your mouth when you cough or sneeze
3. wash or use hand sanitizer frequently, and
4. stay home if you are sick

During a public health crisis, it is important to keep a cool head and to remain calm. Remember to take care of yourself, your family, and act responsibly.

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Encourage your friends and neighbors to receive this newsletter, simply send an email request to the First Selectman's office at [essexnews@essexct.gov](mailto:essexnews@essexct.gov) to be added to our distribution list.