



First Selectman's COVID-19 Update

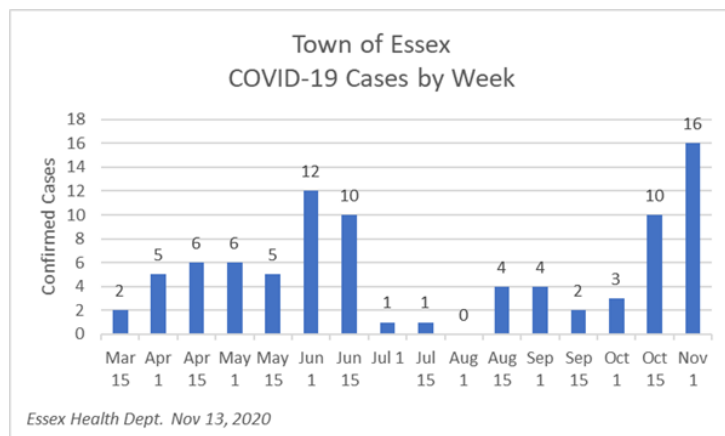
The Essex Health Department receives many calls about when a person should **Isolate** or **Quarantine** due to COVID-19. [Click Here](#) for a simplified chart to help you understand the difference between Isolation and Quarantine and what you need to do to protect yourself, family, coworkers, classmates, and community.

Isolation is for any person who tested positive for COVID-19. The person who tests positive is called a **CASE**.

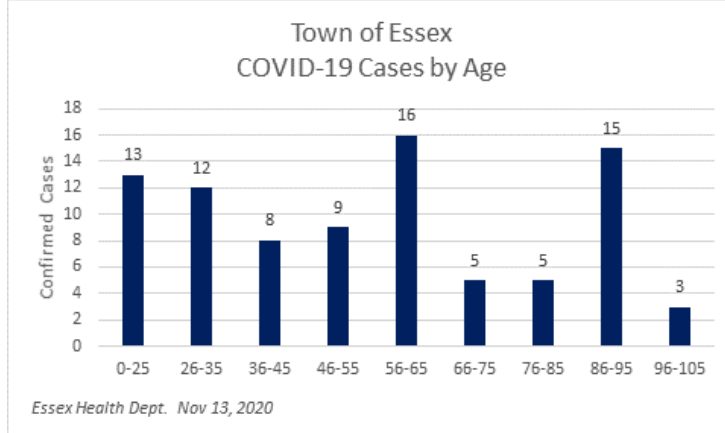
Quarantine is for any person was in close contact with a person who tested positive for COVID-19. This person is called a **CONTACT**.

A “**contact of a contact**” refers to a person who was in close contact with a **CONTACT** but not the actual **CASE**. Contacts of a contact are not generally monitored by State or Local Health Departments unless there are extenuating circumstances.

Here are the weekly case counts for Essex and the age ranges for the Cases. This data may differ slightly from that shown on the CT.gov website because of delays in test reports to the Local Health Department or date ranges selected for analysis.



Essex Health Department collects test data from the 1st-15th of the month. State data is collected for the complete 2 full weeks prior to the Thursday report issued by the Governor.



As always, please call the Essex Health Department if you have questions or concerns or need additional guidance. If you test positive, please notify the Essex Health Department as soon as

possible (even on nights, weekends, holidays). There continues to be a multi-day delay in local health departments receiving test information from the State Health Department so the faster you call me, the faster I can provide you and your family with guidance and specific timelines for isolation and quarantine. Your privacy is of utmost importance and the Health Department will never release your information publicly. We are definitely all in this together.

*Lisa Fasulo, MPH, REHS/RS
Director of Health / Sanitarian*

**Connecticut CARES
Small Business Grant Applications Now Available
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**State of CT Launches COVID Alert CT App
[Click Here](#)**

[COVID-19 Testing Sites](#)

[Connecticut Travel Advisory](#)

[Connecticut COVID-19 Data Tracker](#)

[EES - Frequently Asked Questions pdf](#) ([google docs direct link](#))

For info on COVID-19 call 2-1-1

Please continue to wear your mask, keep a minimum of 6ft social distance, wash your hands, and stay home if you feel unwell. We will get through this together.

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