



FOR INFO ON COVID-19 CALL 2-1-1

[Town Website](#)

Dear Friends and Neighbors,

The Department of Public Health (DPH) reported 2 confirmed cases of COVID-19 in Essex. Regardless of the confirmed number of cases reported, know that Coronavirus is here in Essex.

The Essex Health Director is aware of several people in our community who have COVID-19 and who are currently managing their symptoms at home. Anyone experiencing illness consistent with COVID-19 and all close contacts in the same household who are not yet experiencing symptoms must self-isolate at home. They should contact their physician if symptoms worsen or call 911 in an emergency.

WHAT TO DO...

- Anyone who has tested positive for COVID-19 is encouraged to call the Essex Health Director and self-identify: 860-767-4340 x118.
- SELF-ISOLATING means absolutely NO SOCIALIZING with anyone outside of the residence. No parties on the deck, no smoking breaks in close contact with others, no congregating at the park, no walking with friends, no going to the grocery store or getting take-out. STAY AT HOME AND SELF-ISOLATE!
- Only one occupant of the home should travel out to the store and only when necessary. Better yet, get home delivery or ask a neighbor or friend to pick up the essentials and leave it on your doorstep.
- Please be supportive of your friends and neighbors in the community and call to check-in with them. Now, more than ever, it is essential that each of us use

social distancing.

UPDATES FROM THE STATE

Since our last email on Monday, March 30th, Governor Lamont has signed two additional executive orders to mitigate the spread of COVID-19.

[Executive Order Q](#)

- Limited group sizes in childcare
- Enhanced health procedures for all operating child care programs
- Authorization of remote notarization

[Executive Order R](#)

- Continuation of funding for boards of education
- Continuation of payment of public school staff
- Preservation of student transportation services and special education providers
- Restrictions on entrance to state parks, forests, and other lands
- Curbside pickup of alcoholic beverages permitted

Additional announcements from Governor Lamont:

- To provide CT small businesses with immediate administrative tax relief in recognition of the impact of COVID-19, the [Department of Revenue Services](#) is granting a two-month extension of filing and payment deadlines for certain small businesses.
- An agreement has been reached to offer mortgage relief to the state's residents and businesses who continue to face hardship caused by the global COVID-19 pandemic. Please [click here](#) to review the policies.

SCAM ALERT

Residents should follow these tips to prevent falling victim to a scam artist:

- The federal government will not ask you to pay money upfront to receive a stimulus check. No fees. No charges.
- The federal government will never call to ask for your Social Security number, bank account or credit card number. Anyone who asks for this personal identifying information is a scammer.
- No matter how the payment is disbursed, only a scammer will ask you to pay to receive it.

If you have recently moved your family to Essex from another location please self-quarantine for fourteen (14)

days to prevent further community spread.

For the most up-to-date information from the State of Connecticut on COVID-19 residents are encouraged to visit ct.gov/coronavirus.

[FREQUENTLY ASKED QUESTIONS](#) regarding the State of CT actions related to COVID-19.

All of us are longing for a sense of normalcy at this point. Please don't forget to practice self-care, get up and go outside for a long walk, call a friend or neighbor to check-in, take some deep breaths. It's important for you to take care of yourself.

STAY HOME. STOP THE SPREAD. SAVE LIVES.

Register for Essex News

Encourage your friends and neighbors to receive this newsletter. Simply send an email request to essexnews@essexct.gov to be added to our distribution list.

Sign up for Safer Essex Emergency Alerts

Receive alerts about critical community information directly to your cell phone or email. Go to www.essexct.gov and search "Safer Essex " or call 860-760-4340 x112.

Town of Essex