

LIMIT EATING FISH CAUGHT FROM

THE CONNECTICUT RIVER



All fish (except shad) caught in the Connecticut River should be limited to one meal per month for everyone

It is especially important for pregnant women, children 6 years old or younger and women planning on becoming pregnant in the next year to follow this advice.



For More Information, Contact Connecticut Department of Public Health (860) 509-7740



Posted June 2023 Essex Health Department (860) 767-4340 x118

New and Modified Consumption Advisories Based on PFOS Levels in Fish

Modified



- Quinnipiac River
- **Natchaug River**
- Willimantic River
- Shetucket River
- Housatonic River (@ O'Sullivan's Island)

New

- Naugatuck River
- Pequabuck River
- Scantic River
- Still River (Winsted)
- Upper and Lower Farmington River

June 2023



