

# H1N1 Vaccination Update

December 10, 2009

The **Connecticut River Area Health District** is the lead organization for mass dispensing of the H1N1 vaccine for citizens of the towns of **Clinton, Chester, Deep River, Essex, Killingworth, Old Saybrook and Westbrook.**

The next clinic for residents of the above towns who **fall into one of the priority groups listed below** will be held on **Monday December 14, 2009 from 3-7PM** at the **Old Saybrook Middle School, 60 Sheffield Street, Old Saybrook.** Sign ups will not be taken. **There is sufficient vaccine.**

## Priority Groups:

- **Children 6 months to 24 years of age.**
- **Adults ages 25- 64 years of age with underlying medical conditions (asthma, immune system compromised, diabetes, heart disease, for example)**
- **People who live with or care for infants younger than 6 months. (This includes siblings)**
- **Pregnant women**
- **Emergency Medical Services Personnel**
- **2<sup>nd</sup> dose of vaccine for a child under the age of 10 who received their first dose at least 21 days before (November 23<sup>rd</sup> or earlier)**

## **THERE WILL BE ADDITIONAL CLINICS**

Those clinics will be announced on this web site. The following contact numbers will also have the information.

Chester residents: 860-526-0013

Clinton, Deep River, Old Saybrook residents: 860-661-3300

Essex residents: 860-767-4340

Killingworth residents: 860-663-1765

Westbrook residents: 860-399-3040

Please Remember during this holiday season to practice prevention

- WASH YOUR HANDS
- STAY HOME WHEN SICK
- COVER COUGHS AND SNEEZES WITH YOUR ELBOW OR TISSUE, NOT YOUR HAND
- LAUGH, SMILE AND COUNT YOUR BLESSINGS- THESE THINGS BOOST THE IMMUNE SYSTEM!!!!!!!!!!!!!!